



Haiku by Our Sangha

"Spring Breeze" Haiku Workshop March 2021

Nothing should exist No nature, no here, no now This is the koan

Sun comes in my door My cat jumps onto my lap Sun comes in my heart

Me then you then us
Us then them then peace then war
War then death then bones

Leafy twig in snow Traces face of old woman Mother, friend, both still

Sun sinks streaking pink clouds sign off

tip of red Camilla bud of passion vulnerable

bubbles sparking bobbing hesitantly splash gone smile inside mouth spreading to whole body full of joy

Breath ripples through chimes Awakening from our slumber Breakthrough the birdsong

Gnarled elder tree Sitting among blossoms, shrubs, grass Beloved community

the tier gates open returning to my teacher for meditation

our mountain refuge meditating with peacocks we transform poison

tai chi on the lawn moving with the energy of our sangha's love

i take refuge here at the feet of the mother where her pine cone is resting sunlight on my toes blurry without my glasses petals on my feet

a flutter of wings scrap of paper in disguise as a butterfly

daylight savings time we forget to eat dinner until it gets dark

the tier gates open returning to my teacher for meditation

birds chatter away a friendly conversation tree top cafe

lunch, a bowl of soup confused dogs don't understand no hand-outs today

walking on horse trail sniffing dogs won't heel today picking up pee-mail

worm that lost its way dried up on the sidewalk crunchy treat for dogs

dead racoon – road kill near the site where Tiger crashed a knot in my heart

mindfulness practice no u-turn, yield, bumps ahead road sign dharma sunlight sketches ephemeral wall art changing by the second

wind ramped up today nature's carnival arrives trees get a wild ride

rosebud - baby's fist opens petals to offer handfuls of scent

housing's coming soon
where lupines are blooming now
truth of existence

husband's hearing loss noble silence makes more sense wisdom comes with age

my glasses fog up bringing me present to breath the Way of the Mask

equanimity
everything is in balance
riding on a bike

L.A. car culture a different kind of drive-thru vaccines on the go

a soldier fighting in the war against covid gently swabs my arm

soldiers take up arms in the war against covid i roll up my sleeve



Gen C school day starts ten-year old with hand on heart our kitchen classroom

distance learning school the horror of the missions haunts us in the kitchen

dandelion dharma lush mane of petals turns to charnel ground of seeds

Electronic beeping Once it must have been the sounds Of human cries

Full bladder March roars outside The joy of emptying

Miracles of Spring A night of pure oxygen The fog clears

